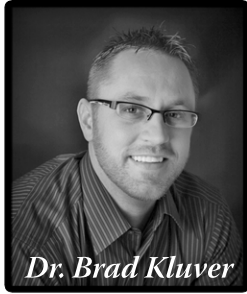


# KIDS FIRST



*Dr. Brad Kluver*

## RAISING HEALTHY DRUG-FREE KIDS

When referring to **Drug-Free**, I'm not speaking of street drugs but rather, over-the-counter and prescription medications. We live in a chemical world. And we teach our children to do the same.

Consider this; as a baby, your teeth hurt, or you had fever or colic, and the people who love you the most gave you a drug to ease your suffering. In grade school, you fell and the people who love you gave you a drug to end your pain. In high school, you broke up with your girl/boyfriend and it was painful. The people who love you the

most gave you a drug to ease your agony. In college, you didn't get the grades you wanted and the people who love you gave you a drug to help. And then there are the colds, flu's, etc. And again the people, who love you, gave you a vaccine or drug to protect you. Scary isn't it? Unfortunately, the public has been indoctrinated that this is the way it should be, that medications make it "all OK," that drugs are good for you. There's something wrong with that concept! As a matter of fact, latest research indicates that properly prescribed medications are the fourth leading cause of death. Not OK!

Recently, however, there has been a paradigm shift emerging in peoples thinking. Most people now are no longer happy taking drugs and are beginning to question their doctor. This is a good thing! The buzzword that is heard now is **WELLNESS** and **VITALISM**. Parents are beginning to realize that the health of their children comes only from a normally functioning body and not from a prescription pad. Most drugs do not correct a problem but simply change your body chemistry and cover-up your symptoms. Have you noticed that drug companies are advertising **prescription drugs** in popular magazines and commercials suggesting that you ask your

doctor to prescribe them to you. Drugs are a billion dollar industry that is losing momentum because you are no longer satisfied with this approach to your health and the health of your children. This is a good thing!

Doctors of Chiropractic have been teaching patients that only a well functioning body heals. In order to have a well functioning body, the nervous system that controls it also has to function normally. Chiropractors deal with interference to this normal function. We call this interference a **Vertebral Subluxation**. It can have serious health consequences. It is for this reason that I feel it is imperative for children to be checked for vertebral subluxations.

If you would like additional information on how to raise a healthy drug-free child, you are welcome to call or stop by my office. I'd be happy to help!

**Kluver Chiropractic**  
Dr. Brad Kluver & Wellness

*"My mission is to help as many people in my lifetime as I possibly can - especially kids!"*

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